

KVA DAV College for Women, Karnal

NSS Unit (I & II)

2022-23

Motto: “Not Me But You”

Programme Officer- Unit I: Dr. Anuradha Nagia

Programme Officer -Unit II: Dr. Deepti Sharma

NSS Advisory Committee

Ms. Sunit Bhandari, Dr. Sushma Thakur & Dr. Sangeeta Gorang

Members

Ms. Satwinder, Ms. Jasmeen Ms. Prashantika, Ms. Tarjeet, Ms. Nisha, Ms. Kiran, Ms. Ritu Rana & Dr. Dimple.

Annual Report

Total Enrolled Volunteers: 253

Volunteers-Third year: 44; Second year: 57; First Year:152)

Adopted Village: Uchani Village, Karnal

Villages adopted under Unnat Bharat: Uchani, Uchana, Jhinhadi, Baldi, Ambedkar Basti

Adopted Park: Mahatama Gandhi Park, Karnal

Award:

- Received the **Award of Recognition** by NSS, Kurukshetra University, Kurukshetra for rendering excellent service to the community through NSS during the session 2021-22 on September 24, 2022.
- The Programme Officers were awarded the Certificate of Appreciation for rendering their valuable services for the successful organization of various events and activities undertaken by NSS during the session 2022-23 on NSS Day Celebration at KUK on September 23, 2023.

Activities:

- The POs and 42 NSS Volunteers attended the Programme ‘Udyamita Protsahan Sammelan’ organised by KUK in respect of the Visit of the His Excellency, the Governor of Haryana on August 22, 2022 at KUK.
- Rashtriya Poshan Maah was celebrated in the month of September 2022.
 - I. Online National Level Nutritious Salad Making Competition was organized by National Service Scheme Unit-I & II in collaboration with the Department of Home Science in the first and second week of September, 2022. 11 participants from various states participated.
 - II. Awareness Programme on Nutrition was organised in collaboration with the Department of Home Science on the occasion of Rashtriya Poshan Maah on

September 13, 2022 in the college in which Extension Lectures were delivered on “Healthy Diet, Healthy Body and Healthy Mind” by District Coordinator Ms. Anju Boora (Poshan Abhiyan, WCD), Dietitian Jyoti Gagat, District Programme Assistant, Ms. Meenakshi Sharma, WCD and Protection Officer- Ms. Suman delivered an Awareness Lecture on “POCSO ACT”. 200 NSS Volunteers were present on the occasion.

- 02 POs and 10 Volunteers participated in the NSS Day Celebration on NSS Day i.e. September 24, 2022 at Kurukshetra University, Kurukshetra. The college received the Award of Recognition by NSS, Kurukshetra University, Kurukshetra for rendering excellent service to the community through NSS during the session 2021-22 on September 24, 2022.
- 08 NSS Volunteers participated in the District Level Mega Yuva Utsav 2022 on September 28, 2022 organised by NYKS, Ministry of Youth and Sports:
 - Ms. Simran, BA II: First Prize in Declamation Contest (Received Cash prize of Rs. 5000/-)
 - Ms. Vanshika Walia, BAC III: Third Prize in Mobile Photography (Received Cash prize of Rs. 1000/-.)
- 10 NSS Volunteers participated in Cultural Events, Informal Waste Picker Training and Health Check-up Camp organised by Nagar Nigam, Karnal and Ujala Cygnus Hospital, Karnal on September 29, 2022.
- Swachhta Drive was initiated by the NSS Volunteers from October 1-31, 2022 to celebrate the Birth Anniversary of the Father of the Nation, Mahatma Gandhi ji (under the banner Cleanliness Drive 2.0)
 - Cleanliness Drive from home to community (cleaning their homes, nearby streets, and parks of their villages) was organised from October 1 to 31, 2022 by 116 Volunteers.
 - One-day Camp for Mega Swachhta Drive under Clean India Campaign 2.0 was organised on October 19, 2022 in the college campus where the Volunteers cleaned the auditorium, staffroom, Departments of Political Science, History, Hindi, college garden, parking area, etc. and collected 78 kg of trash and plastic waste. A Lecture was organised by the Principal Mrs. Santosh Bisla on November 19, 2022. She emphasized on the harmful effects of plastic as a threat to the environment. 60 Volunteers participated in this event.
 - Yoga in the college campus, One-day Cleanliness Camp organised at Mahatma Gandhi Park, Karnal and at village Uchani, Karnal on October 21, 2022. 79 Volunteers participated.

The following activities organised:

- Extension Lecture on Cleanliness by Mr. Gurudev and Mr. Ankit from Nagar Nigam, Karnal.
 - Yoga at Middle School, Uchani village, Karnal.
 - Cleanliness of the Temple premises and Government Middle School.
 - Rally on Cleanliness & No Use of Plastic.
 - Awareness & Door-to-Door Campaign on the Harmful Effects of Plastic and the use of coloured Dustbins.
 - Nukkad Natika at Anganwadi and Chaupal of the village.
- Online National Level Poster-making Competition was organised on the topic “Hazards of Plastic” (Under Clean India Campaign 2.0) from October 27 to November 05, 2022 in which 16 participants from Haryana, Himachal Pradesh, New Delhi, Chandigarh participated.
- NSS Volunteer Ms. Sarika of BSc III secured Second Position in District level Declamation Competition organised by NYKS, District Panipat on October 11, 2022. Received Cash prize of Rs. 2000/-.
 - NSS Volunteer Ms. Priya of BA II secured First Position in District level Declamation Competition organised by NYKS, District Jind on October 14, 2022 and recommended for State level. Received cash prize of Rs. 5,000/-
 - NSS Units (I & II) celebrated the 147th Birth Anniversary of Sardar Vallabhbhai Patel, the “Iron Man of India” as National Unity Day, under the banner Azadi ka Amrit Mahotsav-75 years of Independence. The following activities were performed:
 - Online Integrity Pledge was adopted by the Volunteers and POs from October 25-November 10, 2022. 123 Volunteers participated in the event.
 - Run for Unity and Offline Pledge for Integrity was adopted by the Principal, NSS Advisory Committee Members (03), Programme Officers (02) and 128 Volunteers on October 31, 2022.
 - Online National Level Essay Writing Competition on the topic “Role of Youth in Promoting National Integration”- October 28 to November 07, 2022. 19 participants from Haryana, Uttarakhand, West Bengal, Telangana, Chandigarh participated.
 - National Seminar on “National Security and Integrity” was organised in blended mode (online and offline) by NSS Units of the college & Department of Political Science, under the aegis of IQAC, in collaboration with the Department of Humanities and Social Sciences, NIT, Kurukshetra on

November 03, 2022 to keep the memory of Sardar Vallabhai Patel alive and honour his 147th birth anniversary as National Unity Day.

The seminar foregrounded on the purpose that the safety of our citizens is of utmost importance in creating a robust society and building sustainable communities that are inclusive, secure, and sensitive to the needs of the citizens will continue to be of national priority. Also, over the years, crime has stymied this endeavour, therefore how crime can be obliterated from our nation was discussed.

The Key Speakers were:

- Sh. Ram Krishan Goswami, Founder President, Bhartiya Charitra, Nirman Sansthan, New Delhi
- Dr. Vikas Choudhary, Professor & Head, Department of Humanities and Social Sciences, National Institute of Technology, Kurukshetra
- Dr. C.D.S. Kaushal, Retd. Professor, Department of Sanskrit, Kurukshetra University, Kurukshetra.

The seminar was an effort to deliberate upon the legacy of Sardar Vallabhbhai Patel and pay tribute to him for his untiring efforts to integrate India and ensure security in the country. It was an endeavour to create awareness amongst participants regarding National Integrity & Sovereignty and sensitize them about the National Values like non-violence, honesty, and integrity. More than 250 participants from all the parts of the country attended the seminar.

- Blood Donation Camp was organised by NSS in collaboration with NIFAA, Karnal on October 29, 2022 with the assistance of Red Cross Society, Karnal & Civil Hospital, Karnal. 185 participants registered and 32 units of blood was collected. NSS Volunteers performed various duties and helped in making the event successful. Chief Guest was Brahamkumari Prem Behenji, Dr. Sanjay Verma, Civil Hospital, Karnal, Dr. Prabhjot Kaur, Director, Guru Nanak Hospital, Karnal and Mr. Preetpal Singh Pannu, President NIFAA were present during the event. The POs were felicitated by the President, NIFAA.
- National Integration Camp was organised at Kurukshetra University, Kurukshetra from November 12-18, 2022 in which Ms. Khushi, B. Sc III (NM) participated.
- The NSS Units & Department of Political Science in collaboration with Nehru Yuva Kendra Sangathan (NYKS), Karnal organised a One-day Camp and celebrated Communal Harmony Week & Constitution Day on November 26, 2022. 205 Volunteers were present on the occasion.

The following activities were organised:

- Intra-college Declamation Contest was organised to celebrate “Communal

Harmony Week” and “Constitution Day of India”. NSS Advisory Committee members- Ms. Sunit Bhandari, Head, Dept of English and Dr. Sangeeta Gorang, Head, Department of Music (I) were the jury members. 23 students participated.

- Pledge on the Constitution Day.
- Lecture by Ms. Renu Silag, DYO, NYKS, Karnal.
- Lecture by the Principal Ms. Santosh Bisla. She addressed the students and emphasized on the role of youth in promoting communal harmony amongst people and detailed the students about our Constitution.
- Quiz Contest.
- Cleanliness Drive.

Dr. Anuradha Nagia, PO, NSS and Head, Department of Political Science introduced the theme. Dr. Deepti Sharma, PO, NSS proposed the formal vote of thanks. Mr. Pankaj from NYKS, Karnal, NSS Committee members and others faculty members were present on this occasion. The students participated enthusiastically in the function.

- AIDS Awareness Programme was organised on December 01, 2022 in which Deputy Civil Surgeon Dr. Simmi Kapoor delivered a lecture on the same. 112 Volunteers were present on the occasion.
- Vegan Outreach Organization in collaboration with NSS Units of the college & Kurukshetra University, Kurukshetra organised Animal Rights Awareness Drive on December 08, 2022. A webinar was organised for the Volunteers. 221 students of the college participated out of which 83 were NSS Volunteers of Unit I and 86 from Unit II..
- Human Rights Day was celebrated on December 10, 2022 by the NSS Units & Department of Political Science of the college. Online Pledge on Human Rights was adopted on this occasion by 150 students. Radio Mirchi Auditions for Singing organised by Dainik Bhaskar, Karnal - with RJ Rocky & RJ Aman was also conducted in the college premises where the Volunteers enthusiastically participated in the auditions. 210 Volunteers were present on this occasion.
- NSS Volunteer Ms. Sarika, B. Sc III (Medical) represented Haryana in the National Youth Parliament at Parliament House, New Delhi on December 25, 2022.
- Ms. Swati, Ms. Rishita, and Ms. Anshul participated in the Youth Leadership and community Development Training Programme organised by NYKS at KVK, NDRI, Karnal from December 28-30, 2022.
- NSS Volunteers Ms. Priya and Ms. Simran from BA II and Ms. Anshul, Ms. Priyanshu, Ms. Rishita, and Ms. Kanika of BA I participated in District Level Youth Parliament organised by NYKS, Karnal on the occasion of Birth Anniversary of Subhash Chandra

Bose on January 07, 2023. Ms. Simran, BA II got First position and was selected for State Level.

- Ms. Komal of BA I participated in National Level Online Quiz on National Youth Day (Birth Anniversary of Swami Vivekananda) on January 12, 2023 organised by Dyal Singh College.
- 37 NSS Volunteers participated in Two days National Level Online Quiz on National Youth Day (Birth Anniversary of Swami Vivekananda) on January 11-12, 2023 organised by BAR Janta College, Kaul, Kaithal.
- NSS Units organised an Intra-college Online Poster Making Competition to celebrate National Youth Day in remembrance of Yugpurush Swami Vivekanand Ji in the second week of January 2023. 06 Volunteers participated.
- NSS Units organised National Level Online Advertisement-making Competition to celebrate Road Safety Week 2023 (January 11-17, 2023) as per the guidelines of HARYANA STATE NSS CELL, DGHE, HARYANA on the theme: ROAD SAFETY. 13 students from Haryana, Rajasthan, Himachal Pradesh & Kerala participated.
- 84 NSS Volunteers and 02 POs adopted Online Pledge on Voter's Day organized by Election Commission of India on January 25, 2023 and got e-certificates.
- Ms. Sarika of BSc III and Ms. Kanika, BA I participated in the District Level Youth Parliament (Online) organised by NYKS, District Panipat on January 26, 2023 in which Ms. Sarika secured the First position and further participated in State level Youth Parliament (Online) on February 07, 2023 where she stood First at State Level.
- Ms. Priya of BA II secured First position in District Level Youth Parliament (Online) organised by NYKS, District Jind on February 01, 2023 and participated in State level Youth Parliament (Online) on February 07, 2023.
- 58 Volunteers participated in the Screening Round of District level Youth Parliament (Online) organised by NYKS, District Karnal. Ms. Simran of BA II secured Third position in District level Youth Parliament (Online) on January 26, 2023.
- NSS Seven Days Camp was organised from February 03-09, 2023 with the theme 'Service': "Not Option but Resolution; 'सेवा'- वक्ल्प नहीं संकल्प" with 64 Volunteers in the college campus, Uchani village and the community.

- Day 1 (February 03, 2023)
Inaugural Address by Principal Madam- Mrs. Meenu Sharma, Hawan, Yoga Session by Dr. (Ms.) Damyanti Ji, Divya Yog Mandir, Karnal, First Aid & Home Nursing Training by Red Cross Society, Karnal, Road Safety Awareness Campaign by Ms. Deepa, Arora from Traffic Training Park & Honda Motorcycle & Scooter Pvt. India Ltd., Karnal, Workshop on Art & Craft by Ms. Alka Jain from Pidilite, Karnal, Orientation Session of Volunteers towards NSS by Programme Officers, On the Spot Essay Writing Competition on the topic: “Atmanirbhar Bharat” and Interactive Session with NSS Volunteers about community service.
- Day 2 (February 04, 2023)
Recitation of Gayatri Mantra, Omkar Dhawani (OM)- Three Times, Prayer/Meditation, NSS Geet by Volunteers, First Aid & Home Nursing Training by Red Cross Society, Karnal, Poster-making Competition on the themes: “Awareness about Covid-19 & World Cancer Day” to celebrate World Cancer Day, Uchani Village, Karnal - Rally & Door-to-door Awareness Campaign, Cleanliness Drive (Streets, Temple, Anganwadi), Nukkad Natika (Themes: “World Cancer Day, Environmental Conservation”, “Stubble Burning”, “No Use of Pesticide”, “No Use of Plastic”) & General Discussion on Social Evils with NSS Volunteers.
- Day 3 (February 05, 2023)
Recitation of Gayatri Mantra & Omkar Dhawani (OM)- Three Times, Prayer, NSS Geet by Volunteers, Sehaj Yog Meditation by Mr. Naresh Kumar, Sehaj Yog Meditation Centre, Karnal, First Aid & Home Nursing Training by Red Cross Society, Karnal, Workshop on Art and Craft by Ms. Alka Jain from Pidilite, Karnal, Lecture on “Digital India” by Dr. Surender Kumar Nagia, Associate Professor of Commerce, Pt. CLS Govt. College, Karnal, Rally on “Swachh Bharat”, Cleanliness Drive in college campus, Preparation of Nukkad Natika and Cultural Activities.
- Day 4 (February 06, 2023)
Recitation of Gayatri Mantra & Omkar Dhawani (OM)- Three Times, Prayer, NSS Geet by Volunteers, Sehaj Yog Meditation by Mr. Naresh Kumar & Team, Sehaj Yog Meditation Centre, Karnal, First Aid & Home Nursing Training by Red Cross Society, Karnal, Learning Nutritious Recipes by Ms. Lakhwinder Kaur (HOD), Dept. of Home Science, KVA DAV College for Women, Karnal (in Food & Nutrition Lab), Health Check-up Camp & Eye Check-up Camp, Lecture on “Legal Rights of Women” by Ms. Raman Malhotra, Advocate, District Court, Karnal (to commemorate the International Day of Zero Tolerance for FGM), Group Discussion with NSS Volunteers on Drugs De-addiction/Sports Activities.

- Day 5 (February 07, 2023)
Recitation of Gayatri Mantra & Omkar Dhawani (OM)- Three Times, Prayer/Meditation, NSS Geet by Volunteers, PCOS Awareness Programme by Dr. Bharti Kalra, Gynecologist, Bharti Hospital, Karnal, First Aid & Home Nursing Training by Red Cross Society, Karnal, Uchani Village, Karnal-Cleanliness Drive (Temple, School, Anganwadi), Yoga Session at Govt. Middle School, Rally & Door-to-door Awareness Campaign, Nukkad Natika (Theme: “Beti Bachao... Beti Padhao”), Visit to Shradhanand Ashram, Karnal and Group Discussion with NSS Volunteers on Disaster Management.
- Day 6 (February 08, 2023)
Recitation of Gayatri Mantra & Omkar Dhawani (OM)- Three Times, Prayer/Meditation, NSS Geet by Volunteers, Yoga Session by Dr. (Ms.) Damyanti Ji, Divya Yog Mandir, Karnal, First Aid & Home Nursing Training by Red Cross Society, Karnal, Quiz on General Awareness, Workshop on “Atmanirbhar Bharat-Entrepreneurship” by Dr. Sunant Grover, Centre Head, Startup Incubator COE, Karnal, Interactive Session on Youth Mental Health First Aid by Dr. Shikha Tyagi, Assistant Professor of Psychology (& Counsellor), KVA DAV College for Women, Karnal and Preparation of Cultural Performances by NSS Volunteers.
- Day 7 (February 09, 2023)
Hawan, Recitation of Gayatri Mantra & Omkar Dhawani (OM)- Three Times, NSS Geet by Volunteers, First Aid & Home Nursing Training by Red Cross Society, Karnal, Visit to Exhibition (Items prepared by Volunteers during the Camp), Valedictory Session-NSS Geet, PowerPoint Presentation of NSS activities throughout the session 2022-23 by third year Volunteer Sarika, PowerPoint Presentation of Seven Days Camp Report (Feb 03-09, 2023) by second year Volunteer Simran, Cultural Performances by Volunteers, Prize Distribution, Address by Honorable Chief Guest: Mr. Dinesh Kumar, State NSS Officer, DHE, Haryana & Sharing of Experience/Feedback of the Camp by the Volunteers.
- National Integration Camp was organized by Maharishi Markandeshwar University, Ambala, Haryana from February 14-20, 2023 in which Ms. Sheetal & Ms. Shalu of BA III participated.
- 18 NSS Volunteers participated in National Conference on “Voluntary Blood Donation and Award Ceremony” organized by NIFAA at Mangal Sen Auditorium, Karnal on February 26, 2023.

- Neighborhood Youth Parliament was organised by NYKS, Karnal on February 27, 2023 at Pt. CLS Government College, Karnal in which 42 Volunteers participated. Ms. Priya, attended the Neighborhood Youth Parliament organised by NYKS, Jind on March 01, 2023. 132 NSS Volunteers in all participated in the Screening Round.
- Ms. Sarika, B.Sc. III was selected as a speaker and represented Haryana in National Youth Parliament on March 01-02, 2023 at Parliament House, New Delhi on March 01-02, 2023.
- Ms. Priya, BA II secured First position with a cash prize of Rs. 11,000/- and a trophy in the State level Declamation Contest, organised by Agrakul Seva Sanstha, Karnal held at Guru Nanak Khalsa College on March 04, 2023. Our college also won a Running Trophy. Ms. Kanika, BA I also participated in the same.
- NSS Volunteers- Ms. Simran, BA II and Ms. Swati, BA I participated in District Level Yuva Samvad-India@2047 on March 20, 2023 organised by Dyal Singh College, Karnal. Ms. Swati got Third position.
- Mr. Abhishek and Mr. Amar (NSS Clerks) attended the PFMS Training at Rohtak on March 20, 2023 organized by DGHE, Panchkula.
- World Water Day was celebrated on March 22, 2023 by the NSS Units & Department of Political Science in collaboration with Atal Bhujal Yojana, Karnal. ADC Dr. Vaishali Sharma was the Chief Guest who delivered the Lecture on “Importance of Water and its Conservation”. Senior Scientist and Former Head, Krishi Vigyan Kendra, Dr. Dilip Gosain -Keynote Speaker, Ms. Renu Silag, DYO, NYKS, Karnal and Ms. Kanchan Lata, BDPO, Karnal, also spoke on the Water Conservation. Pledge was adopted for “Save Water”. Signature Wall Campaign was initiated and Atal Jal Saheli were acknowledged on this occasion. 145 NSS Volunteers were present on the occasion.
- One day Educational Visit to Parliament House, National Museum, National War Memorial, India Gate & Rakabganj Gurudwara, New Delhi was organised by the NSS Units, Department of Political Science & Music (Vocal) on April 13, 2023 with 53 students. Homage was paid to Dr. Bhim Rao Ambedkar in the Parliament Campus to commemorate Ambedkar Jayanti & the students did ‘seva’ in the Gurudwara on the occasion of Baisakhi.
- The Programme Officers attended an online meeting regarding National survey of Youth not in Formal Education or Regular Employment organised by DHE, Haryana on April 25, 2023.

The Volunteers performed the NEET Survey- “Survey of Youth Not in Formal Education or Regular Employment,” initiated by Govt. of Haryana, dated April 30, 2023 & May 04, 2023 at Uchani Village, Karnal.

- NSS Volunteer Ms. Priya of BA II, got 2nd Position in District level Declamation Contest organised by Nehru Yuva Kendra Sangathan, Jind on May 04, 2023. Received Cash prize of Rs. 2000/-.
- NSS Volunteers- Ms. Simran of BA II, got 1st Position and received cash prize of Rs. 5000/ and Ms. Rishita of BA I got Consolation Prize in District level Declamation Contest organised by Nehru Yuva Kendra Sangathan, Karnal held at Pt. CLS Govt. PG College, Karnal on May 27, 2023.
- NSS Volunteer Ms. Kanika of BA I got 1st Position in District level Declamation Contest organised by Nehru Yuva Kendra Sangathan, Panipat held at S.D. College, Panipat on June 03, 2023. Received Cash prize of Rs. 5000/-.
- The Volunteers registered at the Yuva Portal for internship/experiential learning in different categories, launched by Govt. of India, Ministry of Youth Affairs and Sports from May 24, 2023 onwards.
- NSS Units (I & II) and the Department of Political Science organised Online Intra-college Essay Writing Competition on the topic “What are the Advantages of a Bicycle Over a Car?” or “Why Should People Ride a Bicycle?” to commemorate World Bicycle Day from June 03-05, 2023.
- World Environment Day was celebrated by the Volunteers of NSS on June 05, 2023 by planting saplings in their homes and locality.
- International Yoga Day was celebrated on June 21, 2023 by NSS in collaboration with Sports Club, NCC Army & Air Wing. The following activities were organised in offline mode:
 - Lecture by Principal Madam
 - Yoga Session
 - Declamation Contest and Poster-making Competition
 - Offline Pledge to adopt and promote Yoga by PO and Volunteers.
 - Online Pledge to adopt and promote Yoga by POs and Volunteers.
- National Integration Camp was organised at Kurukshetra University, Kurukshetra from July 25-31, 2023 in which Ms. Priya and Ms. Simran of BA II participated.

NSS UNIT I & II

2022-23



Bestowed with the Award of Recognition 2021-22 by KUK on September 24, 2022



POs of Unit I and II awarded Certificate of Appreciation



Svavlambi Bharat Abhiyan (Udyamita Protsahan Sammelan) at KUK, August 22, 2022 Honourable Governor of Haryana Mr. Bandaru Dattatreya as Chief Guest



Poshan Maah September 13, 2022



Simran got First Prize in Declamation Contest, District level Mega YuvaUtsav, September 28, 2022



Cultural Events, Informal Waste Picker Training and Health Check-up Camp organised by Nagar Nigam, Karnal on September 29, 2022.



Cleanliness Drive from home to community from October 1 to 31, 2022



Mega Swachhta Drive under Clean India



One-day Cleanliness Camp was organised at

Campaign 2.0 on October 19, 2022



Rally on Cleanliness & No Use of Plastic on October 21, 2022



Run for Unity

Mahatma Gandhi Park, Karnal on October 21, 2022



Ms. Priya secured First Position in District level Declamation Competition organised by NYKS, District Jind on October 14, 2022 and recommended for State level.



National Seminar on "National Security and Integrity"



National Seminar on “National Security and Integrity”



National Seminar on “National Security and Integrity”

Celebration of the 147th Birth Anniversary of Sardar Vallabhbhai Patel, the “Iron Man of India” as National Unity Day



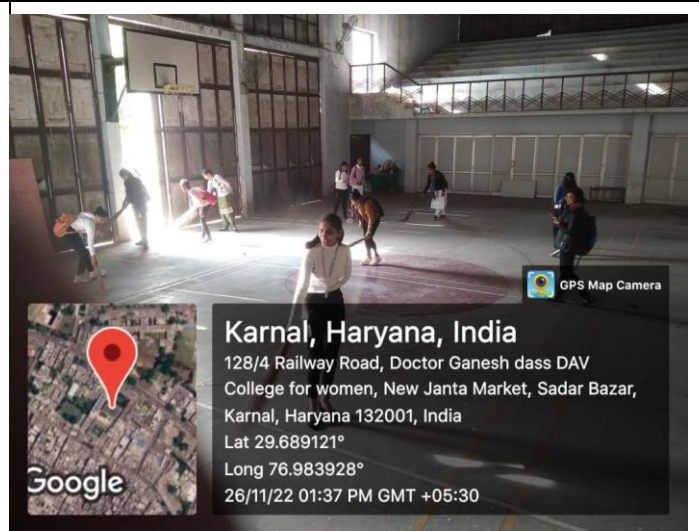
Blood Donation Camp was organised by NSS in collaboration with NIFAA, Karnal



National Integration Camp Kurukshetra University, Kurukshetra




Communal Harmony Week



Cleanliness Drive in College

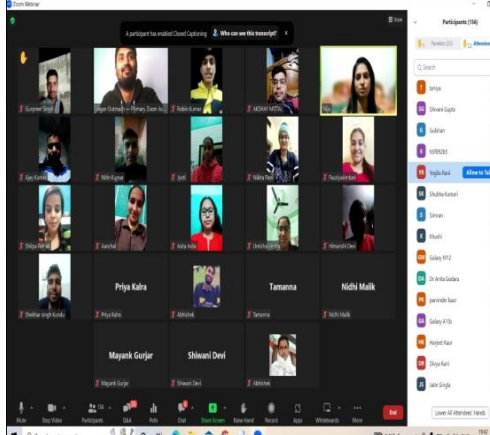



AIDS Awareness Programme



• CERTIFICATION WEBINAR •
FOOD-PLANET-HEALTH
 NSS Units of Kurukshetra University Organizes a Webinar with Vegan Outreach
 8th December 2022 | 5:30 pm - 6:30 pm (IST)

Speaker: Abhishek Dubey
 Outreach Coordinator at Vegan Outreach, India





Certificate of Appreciation
 Awarded to
 KVA DAV College for Women, Karnal
 in recognition of organizing
ANIMAL RIGHTS AWARENESS DRIVE

Richa Mehta
 Director of Programs India

8-Dec-2022
 Date

Animal Rights Awareness Drive



National Youth Parliament (December 25, 2022)- Sarika participation

Seven Day NSS Camp



Hawan



**Yoga Session by Dr. (Ms.) Damyanti Ji,
DivyaYogMandir, Karnal**



First Aid & Home Nursing Training by Red Cross Society, Karnal



Inaugural Address by Respected Principal Madam



Road Safety Awareness Campaign by Ms. Deepa Arora



Workshop on Art & Craft by Ms. Alka Jain from Pidilite, Karnal



Rally at Uchani Village



Cleanliness Drive at Uchani Village



Nukkad Natika at Uchani Village



Sehaj Yog Meditation by SehajYog Meditation Centre, Karnal



Lecture on "Digital India" by Dr. Surender Kumar Nagia



Rally on "Swachh Bharat"



Cleanliness Drive in college campus



Learning Nutritious Recipes by Ms. Lakhwinder Kaur (HOD) in the Food & Nutrition Lab, Dept. of Home Science



Health Check-up Camp & Eye Check-up Camp



PCOS Awareness Programme by Dr. Bharti Kalra, Gynecologist



Rally & Door-to-door Awareness Campaign at Uchani Village, Karnal



Yoga Session at Govt. Middle School at Uchani Village, Karnal



Visit to ShradhanandAshram, Karnal



Workshop on "Atmanirbhar Bharat-Entrepreneurship" by Dr. Sunant Grover, Centre

Head, Startup Incubator COE, Karnal



Posters prepared by Volunteers during the seven days camp



Art and Craft made by Volunteers during the seven days camp



Lightning of Lamp



**Eco Friendly Welcome of Honorable Chief Guest:
Mr. Dinesh Kumar, State NSS Officer' DHE,
Haryana**



**Formal Welcome by Principal Madam- Mrs.
Meenu Sharma**



Cultural Performances by Volunteers



Prize Distribution



Address by Honorable Chief Guest: Mr. Dinesh Kumar, State NSS Officer, DHE, Haryana



Ms. Sheetal & Ms. Shalu participated in NIC at MMU, Ambala, Haryana from February 14-20, 2023



Neighborhood Parliament on February 27, 2023 held at Pt. CLS Government College, Karnal organised by NYKS, Karnal.



Neighbourhood Parliament on March 01, 2023 organised by NYKS, Jind.



Ms. Sarika, B.Sc. III was selected as a Speaker and represented Haryana in Parliament House, New Delhi on March 01-02, 2023



Running Trophy in the State level Declamation Contest, organised by Agrakul Seva Sanstha, Karnal held at Guru Nanak Khalsa College on March 04, 2023



Ms. Swati got 3rd position in District Level Yuva Samvad @2047



World Water Day Celebration



Parliament House



NEET Survey- “Survey of Youth Not in Formal Education or Regular Employment”



Ms. Priya got 1st Position in District level Declamation Contest organised by NYKS, Jind on May 04, 2023.



Ms. Simran got 1st Position in District level Declamation Contest organised by NYKS held at Pt. CLS Govt. PG College, Karnal on May 27, 2023.



Ms. Kanika got 1st. Position in District level Declamation Contest organised by NYKS, Panipat held at S.D. College, Panipat on June 03, 2023.



International Yoga Day was celebrated on June 21, 2023