## Lesson Plan For The Even Semester (February to May, 2023)

Name of the Teacher - Dr. Shikha Tyagi

Class: B A II Sem Subject: Psychology

February, 2023 1 <sup>st</sup> Week	
1 Feb - 4 Feb	Unit-I Attention: Nature, Characteristics, and Types
5 Feb, 2023	Guru Ravidas Jayanti , Sunday
2 <sup>nd</sup> Week 6 Feb - 11 Feb	Psychophysics: Problems and methods of Psychophysics
12 Feb, 2023	Sunday
3 <sup>rd</sup> Week 13 Feb - 17 Feb	Unit-II Learning: Definition, Factors affecting Learning
18 Feb, 2023 19 Feb, 2023	Maha Shivaratri Sunday
4 <sup>th</sup> Week 20 Feb - 25 Feb	Trial and Error Learning, Insight Learning
26 Feb, 2023	Sunday
5 <sup>th</sup> Week 27 Feb - 28 Feb	Classical Conditioning

### Lesson Plan For The Even Semester (February to May, 2023)

Name of the Teacher - Dr. Shikha Tyagi

Class: B A II Sem Subject: Psychology

March, 2023 1 <sup>st</sup> Week 1 March - 4 March	Operant Conditioning
2 <sup>nd</sup> Week	Holi Break
5 March -	
12 March, 2023	
3 <sup>rd</sup> Week	
13 March -	Unit-III Memory: Definition & Stages
18 March	
19 March, 2023	Sunday
4 <sup>th</sup> Week	
20 March -	STM and LTM – Methods to Study Memory
25 March	
23 March, 2023	Shaheedi Diwas/Martyrdom Day of Bhagat
	Singh, Rajguru & Sukhdev
26 March, 2023	Sunday
30 March, 2023	Ram Navmi
5 <sup>th</sup> Week	
27 March -	Forgetting: Factors Leading to Forgetting, Pnemonics
31 March	

## Lesson Plan For The Even Semester (February to May 2023)

Name of the Teacher - Dr. Shikha Tyagi

Class: B A II Sem Subject: Psychology

April, 2023 1 <sup>st</sup> Week 1 April, 2023	Problem Solving: Stages of Problem Solving,
2 April, 2023	Sunday
2 <sup>nd</sup> Week 3 April - 8 April	Convergent and Divergent thinking
4 April, 2023	Mahavir Jayanti
9 April, 2023	Sunday
3 <sup>rd</sup> Week 10 April - 15 April	Statistics: Frequency Distribution, Graphical Presentation of Data
14 April, 2023	Vaisakhi/Dr. B.R. Ambedkar Jayanti
16 April, 2023	Sunday
4 <sup>th</sup> Week	Sessional Exams
17 April -	
21 April	
22 April, 2023	ld-Ul-Fitr/Parshuram Jayanti
23 April, 2023	Sunday
5 <sup>th</sup> Week	
24 April -	Statistics: Measures of Central Tendencies
29 April	
30 April, 2023	Sunday

## Lesson Plan for the Even Semester (February to May, 2023)

Name of the Teacher - Dr. Shikha Tyagi

Class: B A II Sem Subject: Psychology

May, 2023 1 <sup>st</sup> Week 1 May - 6 May	Revision
7 May, 2023	Sunday
2 <sup>nd</sup> Week 8 May - 13 May	Revision
14 May, 2023	Sunday
17 May, 2023 Onwards	University Examinations

## Lesson Plan For The Even Semester (February to May, 2023)

Name of the Teacher - Dr. Shikha Tyagi

Class: B A IV Sem Subject: Psychology

February, 2023 1 <sup>st</sup> Week 1 Feb - 4 Feb	Unit-I Human Development; Concept and Principles
5 Feb, 2023	Guru Ravidas Jayanti , Sunday
2 <sup>nd</sup> Week 6 Feb - 11 Feb	Biological factors of Human Development
12 Feb, 2023	Sunday
3 <sup>rd</sup> Week 13 Feb - 17 Feb	Social and Cultural factors of Human Development
18 Feb, 2023 19 Feb, 2023	Maha Shivaratri Sunday
4 <sup>th</sup> Week 20 Feb - 25 Feb	Unit-II Prenatal Development Determinants and Stages
26 Feb, 2023	Sunday
5 <sup>th</sup> Week 27 Feb - 28 Feb	Infancy: Characteristics, Hazards and Adjustment

## Lesson Plan For The Even Semester (February to May, 2023)

Name of the Teacher – Dr. Shikha Tyagi

Class: B A IV Sem Subject: Psychology

March, 2023 1 <sup>st</sup> Week 1 March - 4 March	Unit-III Childhood: Perceptual, Motor Development
2 <sup>nd</sup> Week	Holi Break
5 March -	
12 March, 2023	
3 <sup>rd</sup> Week	
13 March -	Unit-III Childhood: Emotional, Cognitive Development
18 March	
19 March, 2023	Sunday
4 <sup>th</sup> Week 20 March -	Adolescents: Characteristics of Adolescents
25 March	
23 March, 2023	Shaheedi Diwas/Martyrdom Day of Bhagat
	Singh, Rajguru & Sukhdev
26 March, 2023	Sunday
30 March, 2023	Ram Navmi
5 <sup>th</sup> Week	
27 March -	Problems of Adolescents and Adjustment
31 March	

## Lesson Plan For The Even Semester (February to May 2023)

Name of the Teacher – Dr. Shikha Tyagi

Class: B A IV Sem Subject: Psychology

April, 2023 1 <sup>st</sup> Week 1 April, 2023	Adjustment of Adolescents
2 April, 2023	Sunday
2 <sup>nd</sup> Week 3 April - 8 April	Unit-IV Adulthood: Early Adulthood, Late adulthood
4 April, 2023	Mahavir Jayanti
9 April, 2023	Sunday
3 <sup>rd</sup> Week	
10 April -	Aging-Changing Patterns and Problems
15 April	
14 April, 2023	Vaisakhi/Dr. B.R. Ambedkar Jayanti
16 April, 2023	Sunday
4 <sup>th</sup> Week	Sessional Exams
17 April -	
21 April	
22 April, 2023	ld-Ul-Fitr/Parshuram Jayanti
23 April, 2023	Sunday
5 <sup>th</sup> Week	
24 April -	Measures of Variability: Quartile Deviation and Standard Deviation
29 April	
30 April, 2023	Sunday

# Lesson Plan for the Even Semester (February to May, 2023)

Name of the Teacher – Dr. Shikha Tyagi

Class: B A IV Sem Subject: Psychology

May, 2023 1 <sup>st</sup> Week 1 May - 6 May	Revision
7 May, 2023	Sunday
2 <sup>nd</sup> Week 8 May - 13 May	Revision
14 May, 2023	Sunday
17 May, 2023 Onwards	University Examinations

# Lesson Plan For The Even Semester (February to May, 2023)

Name of Assistant Professor: Dr. Shikha Tyagi

Class: B A VI Sem Subject: Psychology

Paper: Applied Psychology

February, 2023 1 <sup>st</sup> Week 1 Feb - 4 Feb	Unit-I Applied Psychology: Meaning, History, Fields, and Careers in Psychology
5 Feb, 2023	Guru Ravidas Jayanti , Sunday
2 <sup>nd</sup> Week 6 Feb - 11 Feb	Organizational Psychology: Nature, Scope, Objectives, and Development
12 Feb, 2023	Sunday
3 <sup>rd</sup> Week 13 Feb - 17 Feb	Unit-II Guidance: Objectives, Principles, Types of Guidance, Organization of Guidance Program
18 Feb, 2023 19 Feb, 2023	Maha Shivaratri Sunday
4 <sup>th</sup> Week 20 Feb - 25 Feb	Counselling: Need and Principles of counselling
26 Feb, 2023	Sunday
5 <sup>th</sup> Week 27 Feb - 28 Feb	Special Areas and Types of Counselling

# Lesson Plan For The Even Semester (February to May, 2023)

Name of Assistant Professor: Dr. Shikha Tyagi Class: B A VI Sem

Subject: Psychology

Paper: Applied Psychology

March, 2023 1 <sup>st</sup> Week 1 March - 4 March	Unit-III Health Psychology: Meaning, Scope and Objectives
2 <sup>nd</sup> Week	Holi Break
5 March -	
12 March, 2023	
3rd Week	
13 March -	Concept of Health and Illness
18 March	
19 March, 2023	Sunday
4 <sup>th</sup> Week	
20 March -	
25 March	Psychological Factors in Physical Illness, Life Style and Health
23 March, 2023	Shaheedi Diwas/Martyrdom Day of Bhagat
	Singh, Rajguru & Sukhdev
26 March, 2023	Sunday
30 March, 2023	Ram Navmi
5th Week	
27 March -	
31 March	Stress and Coping

### Lesson Plan For The Even Semester (February to May 2023)

Name of Assistant Professor: Dr. Shikha Tyagi Class: B A VI Sem Subject: Psychology

Paper: Applied Psychology

April, 2023	
1st Week	Unit-IV Forensic Psychology: Psychology and Law
1 April, 2023	
2 April, 2023	Sunday
2nd Week	
3 April - 8 April	Psychology and Law, Eyewitness Memory; Accuracy and Improvement
4 April, 2023	Mahavir Jayanti
9 April, 2023	Sunday
3rd Week	
10 April -	Statistics: Correlation- Meaning, Rank Difference
15 April	
14 April, 2023	Vaisakhi/Dr. B.R. Ambedkar Jayanti
16 April, 2023	Sunday
4 <sup>th</sup> Week	Sessional Exams
17 April -	
21 April	
22 April, 2023	ld-Ul-Fitr/Parshuram Jayanti
23 April, 2023	Sunday
5 <sup>th</sup> Week	
24 April -	Statistics: Correlation- Product Moment Method
29 April	
30 April, 2023	Sunday

#### **Lesson Plan for the Even Semester** (February to May, 2023)

Name of Assistant Professor: Dr. Shikha Tyagi Class: B A VI Sem **Subject:** Psychology

Paper: Applied Psychology

May, 2023 1 <sup>st</sup> Week 1 May - 6 May	Revision
7 May, 2023	Sunday
2 <sup>nd</sup> Week 8 May - 13 May	Revision
14 May, 2023	Sunday
17 May, 2023 Onwards	University Examinations