

# KVA DAV College for Women, Karnal

## Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Class- Psychology

Subject- Introduction to Psychology

Paper- B.A. 1 Year (1 sem)

|                                                          |                                                                                                              |
|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| September, 2022<br>1 <sup>st</sup> Week<br>1 Sept-3 Sept |                                                                                                              |
| 4 Sept, 2022                                             | <b>Sunday</b>                                                                                                |
| 2 <sup>nd</sup> Week<br>5 Sept- 10 Sept                  |                                                                                                              |
| 11 Sept, 2022                                            | <b>Sunday</b>                                                                                                |
| 3 <sup>rd</sup> Week<br>12 Sept-17 Sept                  | Unit-I History and Emergence of Psychology as Science<br><br>Subject matter of psychology                    |
| 18 Sept, 2022                                            | <b>Sunday</b>                                                                                                |
| 4 <sup>th</sup> Week<br>19 Sept-24 Sept                  | Methods of Psychology: Experimental, Observation, Survey                                                     |
| 23 Sept, 2022<br>25 Sept, 2022<br>26 Sept, 2022          | <b>Shaheedi Divas/ Haryana War Heroes' Martyrdom Day</b><br><b>Sunday</b><br><b>Maharana Agrasen Jayanti</b> |
| 5 <sup>th</sup> Week<br>27 Sept - 29 Sept                | Unit-II Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear.                        |
| 30 Sept, 2022                                            | <b>Talent show</b>                                                                                           |

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|                                               |                                                          |
|-----------------------------------------------|----------------------------------------------------------|
| 2 Oct, 2022                                   | <b>Sunday</b>                                            |
| <b>1<sup>st</sup> Week</b><br>3 Oct - 8 Oct   | Motivation: Nature, Biological Motives                   |
| 5 Oct, 2022<br>9 Oct, 2022                    | <b>Dussehra</b><br><b>Sunday</b>                         |
| <b>2<sup>nd</sup> Week</b><br>10 Oct - 15 Oct | Psychological Motives                                    |
| 13 Oct, 2022<br>16 Oct, 2022                  | <b>Karwa Chauth</b><br><b>Sunday</b>                     |
| <b>3<sup>rd</sup> Week</b><br>17 Oct - 21 Oct | Unit-IV Personality: Nature, Determinants of Personality |
| 22 Oct - 26 Oct                               | <b>Diwali Break</b>                                      |
| <b>4<sup>th</sup> Week</b><br>27 Oct - 31 Oct | Type Approach of Personality                             |
| 30 Oct, 2022                                  | <b>Sunday</b>                                            |

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|                                                       |                                                                   |
|-------------------------------------------------------|-------------------------------------------------------------------|
| November, 2022<br>1 <sup>st</sup> Week<br>1 Nov, 2022 | <b>Haryana Day</b>                                                |
| 1 <sup>st</sup> Week<br>2 Nov - 5 Nov                 | Trait Approach of Personality                                     |
| 6 Nov, 2022                                           | <b>Sunday</b>                                                     |
| 2 <sup>nd</sup> Week<br>7 Nov – 12 Nov                | Intelligence: Meaning and Nature                                  |
| 8 Nov, 2022<br>13 Nov, 2022                           | <b>Sh. Guru Nanak Dev jayanti</b><br><b>Sunday</b>                |
| 3 <sup>rd</sup> Week<br>14 Nov - 19 Nov               | Intelligence Theories: Spearman, Thurstone, and Cattell.          |
| 20 Nov, 2022                                          | <b>Sunday</b>                                                     |
| 4 <sup>th</sup> Week<br>21 Nov - 26 Nov               | Intelligence Theories: Spearman, Thurstone, and Cattell. (Contd.) |
| 27 Nov, 2022                                          | <b>Sunday</b>                                                     |
| 5 <sup>th</sup> Week<br>28 Nov – 3 Dec                | <b>Sessional Exams</b>                                            |
| 4 Dec, 2022                                           | <b>Sunday</b>                                                     |
| 2 <sup>nd</sup> Week<br>5 Dec - 10 Dec                | Revision                                                          |
| 3 <sup>rd</sup> Week<br>15 Dec, 2022<br>Onwards       | <b>University Examination</b>                                     |

# KVA DAV College for Women, Karnal

## Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Social Psychology

Class- B.A 2 Year (3 sem)

|                                                          |                                                                                                              |
|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| September, 2022<br>1 <sup>st</sup> Week<br>1 Sept-3 Sept |                                                                                                              |
| 4 Sept, 2022                                             | <b>Sunday</b>                                                                                                |
| 2 <sup>nd</sup> Week<br>5 Sept- 10 Sept                  |                                                                                                              |
| 11 Sept, 2022                                            | <b>Sunday</b>                                                                                                |
| 3 <sup>rd</sup> Week<br>12 Sept-17 Sept                  | Unit-I Meaning and Nature of Social Psychology                                                               |
| 18 Sept, 2022                                            | <b>Sunday</b>                                                                                                |
| 4 <sup>th</sup> Week<br>19 Sept-24 Sept                  | Subject Matter of Social Psychology                                                                          |
| 23 Sept, 2022<br>25 Sept, 2022<br>26 Sept, 2022          | <b>Shaheedi Divas/ Haryana War Heroes' Martyrdom Day</b><br><b>Sunday</b><br><b>Maharana Agrasen Jayanti</b> |
| 5 <sup>th</sup> Week<br>27 Sept - 29 Sept                | Sociometric Method                                                                                           |
| 30 Sept, 2022                                            | <b>Talent show</b>                                                                                           |

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## Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Social Psychology

Class- B.A 2 Year (3 sem)

|                                         |                                                                              |
|-----------------------------------------|------------------------------------------------------------------------------|
| 2 Oct, 2022                             | <b>Sunday</b>                                                                |
| 1 <sup>st</sup> Week<br>3 Oct - 8 Oct   | Socialization: Meaning, Nature, Process and Agents                           |
| 5 Oct, 2022<br>9 Oct, 2022              | <b>Dussehra<br/>Sunday</b>                                                   |
| 2 <sup>nd</sup> Week<br>10 Oct - 15 Oct | Unit-II Group: Types and Functions                                           |
| 13 Oct, 2022<br>16 Oct, 2022            | <b>Karwa Chauth<br/>Sunday</b>                                               |
| 3 <sup>rd</sup> Week<br>17 Oct - 21 Oct | Social Norms: Meaning, Characteristics and Formation                         |
| 22 Oct - 26 Oct                         | <b>Diwali Break</b>                                                          |
| 4 <sup>th</sup> Week<br>27 Oct - 31 Oct | Leadership: Types, Function, Theories– Trait, Situational, and Interactional |
| 30 Oct, 2022                            | <b>Sunday</b>                                                                |

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## (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

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Paper- Social Psychology

Class- B.A 2 Year (3 sem)

|                                                       |                                                                         |
|-------------------------------------------------------|-------------------------------------------------------------------------|
| November, 2022<br>1 <sup>st</sup> Week<br>1 Nov, 2022 | <b>Haryana Day</b>                                                      |
| 1 <sup>st</sup> Week<br>2 Nov - 5 Nov                 | Unit-III Attitudes: Characteristics, Development, Attitude change       |
| 6 Nov, 2022                                           | <b>Sunday</b>                                                           |
| 2 <sup>nd</sup> Week<br>7 Nov – 12 Nov                | Prejudice: Nature and Development<br>Stereotype: Nature and Development |
| 8 Nov, 2022<br>13 Nov, 2022                           | <b>Sh. Guru Nanak Dev jayanti</b><br><b>Sunday</b>                      |
| 3 <sup>rd</sup> Week<br>14 Nov - 19 Nov               | Prosocial Behaviour: Meaning and Nature, Determinants, Cognitive Model  |
| 20 Nov, 2022                                          | <b>Sunday</b>                                                           |
| 4 <sup>th</sup> Week<br>21 Nov - 26 Nov               | Aggression: Nature, Determinants and Prevention                         |
| 27 Nov, 2022                                          | <b>Sunday</b>                                                           |
| 5 <sup>th</sup> Week<br>28 Nov – 3 Dec                | <b>Sessional Exams</b>                                                  |
| 4 Dec, 2022                                           | <b>Sunday</b>                                                           |
| 2 <sup>nd</sup> Week<br>5 Dec - 10 Dec                | Revision                                                                |
| 3 <sup>rd</sup> Week<br>15 Dec, 2022<br>Onwards       | <b>University Examination</b>                                           |

# KVA DAV College for Women, Karnal

## Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Psychopathology

Class- B.A 3 Year (5 sem)

|                                                          |                                                                                                              |
|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| September, 2022<br>1 <sup>st</sup> Week<br>1 Sept-3 Sept | -                                                                                                            |
| 4 Sept, 2022                                             | <b>Sunday</b>                                                                                                |
| 2 <sup>nd</sup> Week<br>5 Sept- 10 Sept                  | -                                                                                                            |
| 11 Sept, 2022                                            | <b>Sunday</b>                                                                                                |
| 3 <sup>rd</sup> Week<br>12 Sept-17 Sept                  | Unit-I Concept of Normality and abnormality                                                                  |
| 18 Sept, 2022                                            | <b>Sunday</b>                                                                                                |
| 4 <sup>th</sup> Week<br>19 Sept-24 Sept                  | Models of Psychopathology: Biological and Psychodynamic                                                      |
| 23 Sept,2022<br>25 Sept, 2022<br>26 Sept, 2022           | <b>Shaheedi Divas/ Haryana War Heroes' Martyrdom Day</b><br><b>Sunday</b><br><b>Maharana Agrasen Jayanti</b> |
| 5 <sup>th</sup> Week<br>27 Sept - 29 Sept                | Behavioural and Cognitive models of Psychopathology                                                          |
| 30 Sept, 2022                                            | <b>Talent show</b>                                                                                           |

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## Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Psychopathology

Class- B.A 3 Year (5 sem)

|                                               |                                                                                     |
|-----------------------------------------------|-------------------------------------------------------------------------------------|
| 2 Oct, 2022                                   | <b>Sunday</b>                                                                       |
| <b>1<sup>st</sup> Week</b><br>3 Oct - 8 Oct   | Unit-II Classification of Psychopathology<br>Need for Classification and DSM system |
| 5 Oct,2022<br>9 Oct,2022                      | <b>Dussehra</b><br><b>Sunday</b>                                                    |
| <b>2<sup>nd</sup> Week</b><br>10 Oct - 15 Oct | Diagnostic Assessment: Case History, Interview<br>Projective Techniques             |
| 13 Oct, 2022<br>16 Oct,2022                   | <b>Karwa Chauth</b><br><b>Sunday</b>                                                |
| <b>3<sup>rd</sup> Week</b><br>17 Oct - 21 Oct | Unit-IIIGAD-Symptom and Causes.                                                     |
| 22 Oct - 26 Oct                               | <b>Diwali Break</b>                                                                 |
| <b>4<sup>th</sup> Week</b><br>27 Oct - 31 Oct | OCD-Symptom and Causes<br>Phobic Disorders-Symptom and Causes                       |
| 30 Oct, 2022                                  | <b>Sunday</b>                                                                       |

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Name of the Teacher – Dr. Shikha Tyagi

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Paper- Psychopathology

Class- B.A 3 Year (5 sem)

|                                                       |                                                                 |
|-------------------------------------------------------|-----------------------------------------------------------------|
| November, 2022<br>1 <sup>st</sup> Week<br>1 Nov, 2022 | <b>Haryana Day</b>                                              |
| 1 <sup>st</sup> Week<br>2 Nov - 5 Nov                 | Substance/Drug Abuse –Causes, Consequences and Rehabilitation   |
| 6 Nov, 2022                                           | <b>Sunday</b>                                                   |
| 2 <sup>nd</sup> Week<br>7 Nov – 12 Nov                | Unit-IV Mood Disorders: Unipolar Disorder - Symptoms and Causes |
| 8 Nov,2022<br>13 Nov, 2022                            | <b>Sh. Guru Nanak Dev jayanti</b><br><b>Sunday</b>              |
| 3 <sup>rd</sup> Week<br>14 Nov - 19 Nov               | Bipolar Disorder - Symptoms and Causes                          |
| 20 Nov, 2022                                          | <b>Sunday</b>                                                   |
| 4 <sup>th</sup> Week<br>21 Nov - 26 Nov               | Schizophrenia: Nature, Types, and Causes                        |
| 27 Nov, 2022                                          | <b>Sunday</b>                                                   |
| 5 <sup>th</sup> Week<br>28 Nov – 3 Dec                | <b>Sessional Exams</b>                                          |
| 4 Dec, 2022                                           | <b>Sunday</b>                                                   |
| 2 <sup>nd</sup> Week<br>5 Dec - 10 Dec                | Revision                                                        |
| 3 <sup>rd</sup> Week<br>15 Dec,2022<br>Onwards        | <b>University Examination</b>                                   |